

September 2017

RULE ISD

BREAKFAST



School Information: MENU IS SUBJECT TO CHANGE. PRE K & KINDERGARTEN MAY NOT BE OFFERD ALL ITEAMS

*In accordance with the Federal law and U.S. Department of Agriculture policy, this is prohibited from discriminating on the basis of race,color,national origin,sex,age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992(Voice). Individuals who are hearing impaired or have speech disabilities may contact UDSA through the Federal Relay Service at (800)877-8339; or (800)845-6163(Spanish). USDA is an equal opportunity provider and employer.

Monday



Tuesday



Wednesday



Thursday

Friday

FRENCH TOAST
SAUSAGE
FRUIT
JUICE
MILK **1**

EGG AND CHEESE
SANDWICH
FRUIT
JUICE
MILK **8**

BISCUIT GRAVY
SCRAMBLED EGGS
FRUIT
JUICE
MILK **15**

FRENCH TOAST
BACON
FRUIT
JUICE
MILK **22**

SAUSAGE
BISCUIT
FRUIT
JUICE
MILK **29**

NO SCHOOL **4**

PANCAKES
SAUSAGE
FRUIT
JUICE
MILK **5**

BISCUIT
SCRAMBLED EGGS
BACON
FRUIT
JUICE
MILK **6**

MUFFINS
YOGURT
FRUIT
JUICE
MILK **7**

WAFFLES
BACON
FRUIT
JUICE
MILK **11**

CHEESEY TOAST
SAUSAGE
FRUIT
JUICE
MILK **12**

BREAKFAST PIZZA
FRUIT
JUICE
MILK **13**

SAUSAGE EGG CHEESE
SANDWICH
FRUIT
JUICE
MILK **14**

SAUSAGE BISCUIT
FRUIT
JUICE
MILK **18**

BREAKFAST COMBO
FRUIT
JUICE
MILK **19**

SAUSAGE AND
WAFFLES
FRUIT
JUICE
MILK **20**

PANCAKES
SAUSAGE
FRUIT
JUICE
MILK **21**

BREAKFAST PIZZA
FRUIT
JUICE
MILK **25**

SAUSAGE BISCUIT
FRUIT
JUICE
MILK **26**

BISCUIT GRAVY
SCRAMBLED EGGS
BACON
FRUIT
JUICE MILK **27**

PANCAKE WRAP
YOGURT
FRUIT
JUICE
MILK **28**