

September 2017

RULE ISD

LUNCH



School Information: MENU IS SUBJECT TO CHANGE. PRE K & KINDERGARTEN MAY NOT BE OFFERED ALL ITEMS

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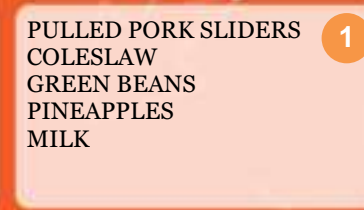
Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL **4**

CORN DOGS
TATER TOTS
BAKED BEANS
APPLE-PINEAPPLE D'LITE
MILK **5**

CHICKEN SANDWICH
OVEN FRIES
FRESH VEGGIE CUP
MANDARIN ORANGES
MILK **6**

SALISBURY STEAK
GRAVY
ROASTED POTATOES
GARDEN SALAD
FRUITY GELATIN
MILK **7**

PULLED PORK SLIDERS **1**
COLESLAW
GREEN BEANS
PINEAPPLES
MILK

PIZZA **8**
BABY CARROTS
CRUNCHY BROCCOLI SALAD
FRUIT
BROWNIE
MILK

COUNTRY FRIED STEAK **11**
GRAVY
MASHED POTATOES
OKRA ROLL
STRAWBERRY CUP
MILK

MEAT & CHEESE **12**
CHALUPAS SALAS
ZESTY CUCUMBERS
REFRIED BEANS
LETTUCE & TOMATOES
ROSY APPLESAUCE MILK

CHICKEN TENDERS **13**
TEXAS TOAST
BROCCOLI
SWEET POTATOES FRIES
MIXED FRUIT MILK
CRISPY CEREAL TREAT

PIZZA **14**
GARDEN SALAD
CARROTS
APPLE SLICES
MILK

FISH STICKS **15**
MAC & CHEESE
COLESLAW
GREEN BEANS
ORANGE SMILES
MILK

TEXAS BASKET **18**
FRESH VEGGIE CUP
MIZED FRUIT
MILK

CHICKEN FAJITAS **19**
CHARRO BEANS
TINY TOMATO CUP
SALSA
LETTUCE & TOMATO GARNISH
CINNAMON APPLES MIKE

CALZONE **20**
TUSCAN VEGETABLES
GREEN SALAD
MILK

GRILLED CHEESE **21**
SANDWICH CHIPS
BROCCOLI BITES
VEGGIE CUP
MILK

CHICKEN BOWL **22**
ROLL
GREEN BEANS
APPLE SLICES
MILK

TAQUITO **25**
QUESO
CHARRO BEANS SALSA
SEASONED CORN FRUIT
FRUIT CRISP
MILK

MEATBALL SUBS **26**
POTATOES ROUNDS
FRESH VEGGIE CUP
MIXED FRUIT
MILK

CHICKEN NUGGETS **27**
MAC & CHEESE
GREEN BEANS
GARDEN SALAD
APPLE SLICES MILK

PIZZA **28**
SEASONED CORN
RED BELL PERER STRIPS
TOMATO CUP
FRUITY GELATIN MILK

FRITO PIE **29**
CUCUMBER SLICES
BABY CARROTS
CINNAMON APPLESAUCE
COOKIE MILK