

September 2016

RULE ISD

BREAKFAST



MENUS SUBJECT TOP CHANGE



*In accordance with the Federal law and U.S. Department of Agriculture policy, this is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339: or



Monday



Tuesday



Wednesday



Thursday

Friday

NO SCHOOL

5

CHICKEN BISCUIT
FRUIT
JUICE
MILK

6

FRENCH TOAST
SAUSAGE
FRUIT
JUICE
MILK

7

BREAKFAST PIZZA
FRUIT
JUICE
MILK

8

DUTCH WAFFLE
BACON
FRUIT
JUICE
MILK

9

PANCAKES
SAUSAGE
FRUIT
JUICE
MILK

12

BISCUIT
SCRAMBLED EGGS
SAUSAGE
FRUIT
JUICE
MILK

13

BREAKFAST PIZZA
FRUIT
JUICE
MILK

14

OATMEAL MUFFIN
SQUARE
YOGURT
FRUIT
JUICE
MILK

15

EGG AND CHEESE
SANDWICH
FRUIT
JUICE
MILK

16

WAFFLES
BACON
FRUIT
JUICE
MILK

19

BISCUIT GRAVY
SCRAMBLED EGGS
W/ HAM
FRUIT
JUICE
MILK

20

CINNAMON ROLL
SAUSAGE
FRUIT
JUICE
MILK

21

SAUSAGE EGG CHEESE
BISCUIT
FRUIT
JUICE
MILK

22

BREAKFAST BURRITO
HASHBROWN
FRUIT
JUICE
MILK

23

SAUSAGE BISCUIT
FRUIT
JUICE
MILK

26

BREAKFAST BOAT
FRUIT
JUICE
MILK

27

CHICKEN AND WAFFLES
FRUIT
JUICE
MILK

28

STUFFED BAGEL
SAUSAGE
FRUIT
JUICE
MILK

29

DUTCH WAFFLE
BACON
FRUIT
JUICE
MILK

30

September 2016

RULE ISD

LUNCH



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Monday

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Thursday

Friday



NO SCHOOL

CHICKEN NUGGETS
MASHED POTATOES
ROLL SALAD
TUSCAN VEGGIES
FRUIT CHOICE
MILK

TEX MEX STACK
SALAD REFRIED BEANS
TOMATO CUP
HOT CINNAMON APPLES
MILK

SALISBURY STEAK
BROWN GRAVY BISCUIT
ROASTED POTATOES
SALAD
FRUITY JELLO
MILK

PIZZA
BABY CARROTS
BROCCOLI SALAD
GRAPES
COOKIE
MILK

BREADED PORK CHOP
GRAVY ROLL
MASHED POTATOES
CARROT COINS
STRAWBERRIES & BANANAS
MILK

FRENCH BREAD PIZZA
SALAD
CALIFORNIA VEGGIES
PEACHES
PUDDING
MILK

CHICKEN QUESADILLAS
MEXICALI CORN
CHARRO BEANS
SALAD SALSA
CINNAMON APPLESAUCE
MILK

TEXAS CHILI
CORNBREAD
BROCCOLI BITES
TOMATO CUP
ORANGE SMILES
MILK

POPCORN CHICKEN
FRIED
CUCUMBER DIPPERS
FRUIT CHOICE
COOKIE
MILK

PIZZA
BROCCOLI BITES
BABY CARROTS
MIXED FRUIT
MILK

HAM AND CHEESE
PRETZEL SANDWICHES
TOMATO CUCUMBER CUP
SALAD
SNOWBALL SALAD
MILK

TEXAS BASKET
CARROT COINS
APPLE SLICES
COOKIE
MILK

BBQ SANDWICH
COLESLAW
PINTO BEANS
ORANGE SMILES
MILK

BOBCAT CHICKEN BOWL
ROLL GREEN BEANS
APPLE PINEAPPLE DELITE
MILK

TAQUITO & QUESO
CHARRO BEANS
GARDEN SALAD
HOT CINNAMON APPLES
MILK

CHILI CHEESE CAMBO
VEGGIE CUP
FRESH FRUIT
PUDDING
MILK

PIZZA
SALAD
TOMATO CUP
FRUIT CUP
MILK

CHICKEN NUGGETS
MAC AND CHEESE
GREEN BEANS
BROCCOLI
APPLE SLICES
MILK

CORN DOGS
FRIES
BABY CARROTS
SLICE PEACHES
RICE CRISPY TREAT
MILK